



Paddles Up! -No Previous Paddling Experience Required-

Pre-requisites:

- Registered Scouter
- BSA Swimmer
- Current Medical Form
- Scoutmaster's Fundamentals is encouraged but not required

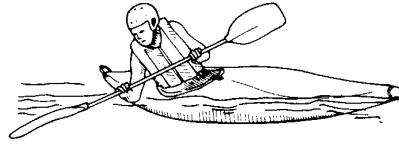
Course Dates, Times and Locations:

- Begins 6:30 p.m. August 21 - Zeb Barnhardt Training Center, Camp Raven Knob
- Ends 6:00 p.m. August 23 - Camp Raven Knob

- Training will be conducted at Camp Raven Knob's Zeb Barnhardt Training Center and Lake Sobotta on Friday and Saturday and Sunday will be highlighted by a trip to the New River for actual on the river training.

Accommodations:

- Zeb Barnhardt Training Center which includes:
 - ◇ Comfortable Modern Air-Conditioned Sleeping and Restroom/Shower Facilities
 - ◇ Accommodations for both male and female Scouters
 - ◇ Classroom/Dining Area
 - ◇ Meals prepared by OHC Cook Crew



Training:

- High Adventure Trip Planning
- BSA Safe Swim Defense
- BSA Safety Afloat
- Flatwater and Whitewater Canoe/Kayak Strokes & Handling
- Whitewater Rescue Techniques

Instruction:

- Course is taught by certified American Canoeing Association and American Red Cross Instructors
- Instruction includes classroom time as well as time on actual flatwater and whitewater

Training & Instruction Prepare You For:

- Local Stream Paddling
- High Adventure Trek at one of BSA's regional/national canoe bases
- Scouter training required to use OHC Canoes off Raven Knob Scout Reservation

Optional Pre-course Clinic

- An optional pre-course paddling clinic will also be available on Friday August 21 from 2:30-5:00 pm for those who can come early and would like to get a head start on learning new skills or are a bit "rusty" and simply would like a refresher.



*Reserve Your Place! Register
NOW!!!
Lady Scouters Welcome!*

Registration:

- You may pre-register between April 1 and August 1
- Pre-register at Old Hickory Council Service Center (336-760-2900) or you may use the form printed monthly in The Raven or the universal form printed on the back of this pamphlet
- Course fee is \$65 - Fee covers meals, lodging, classroom materials, and canoe rental - Please make checks payable to Old Hickory Council, BSA
- Be sure to indicate your preference for canoe (18 slots) or kayak (6 slots)
- Should registration numbers run over, extras will be placed on a waiting list and notified of their status by August 3, 2009

